



# COMMUNITY ACTION TREKS LTD

Stewart Hill Cottage, Near Hesket Newmarket, Wigton, Cumbria, CA7 8HX  
 Tel: 01768 484842 Email: info@catreks.com Web: www.catreks.com



## BOOKING FORM

Please use **BLOCK CAPITALS**. Attach an extra page for any extra details you wish to tell us.

**\* IMPORTANT: DETAILS ENTERED HERE MUST EXACTLY MATCH YOUR PASSPORT. \***

<b>Title:</b>		<b>Date of Birth:</b>	
<b>First Names:</b>		<b>Age at start of trek:</b>	
<b>Surname:</b>		<b>Occupation:</b>	
<b>Passport number:</b>		<b>I heard about CAT from:</b>	
<b>Passport date of issue:</b>		<b>Dietary requirements:</b>	
<b>Passport date of expiry:</b>		<b>Brief summary of outdoor / trekking experience or current exercise.</b> (add extra page if necessary)	
Passport must have at least 6 months validity at start of your trip			
<b>Nationality on passport:</b>			

<b>Your contact details:</b>
Address:
Email:
Tel Mob:
Tel Day:
Tel Eve:

<b>Contact details for the person you would like us to contact in an emergency:</b>
Name:
Their relationship to you:
Include their contact numbers relevant to your trek dates
Their Email:
Their Tel Mob:
Their Tel Day:
Their Tel Eve:

<b>Trip Title:</b>	
<b>Land-only dates to/from:</b>	
<b>Extensions requested:</b>	
<b>Extra hotel nights required:</b>	Please delete: <b>yes / no</b>
<b>Location:</b>	<b>Dates:</b>
<b>Single Supplements</b> - If you do not request single hotel/tent, you will be partnered up with another trekker of the same gender. See our dates and prices list for single supplements for your trek.	
<b>Single room required?</b>	Please delete: <b>yes / no</b>
<b>Single tent required?</b>	Please delete: <b>yes / no</b>
<b>or (if known) I would like to share a room / tent with:</b>	

<b>International Flights:</b> Do you want CAT to quote you for international flights?	Please delete: <b>yes / no *</b>	<b>Preferred UK departure airport:</b>	Please delete: <b>London / Manchester</b>
If you are able to arrive a day or so early and/or depart a day or two after your trip it can make a difference in the cost of flights. Please indicate how flexible you can be with your travel dates:			
<b>Preferred date to depart UK:</b> (NB for flights to Kathmandu allow at least 1 day before land-only start date).		<b>Preferred date to arrive back in UK:</b>	
<b>* IMPORTANT- If you choose to arrange your own international flights you MUST check with the CAT office before booking flights or making any travel arrangements to ensure the trip has reached minimum numbers to run.</b>			

<b>Payments by cheque:</b> please make payable to Community Action Treks	Please delete: <b>I have paid the amount below by: cheque / bank transfer</b>
<b>Payments by bank transfer: IMPORTANT- REFERENCE WITH SURNAME &amp; TRIP TITLE</b> Account name: <b>Community Action Treks Ltd</b> , Account number: <b>78052025</b> , Sort code: <b>60 04 30</b> Bank address: <b>Nat West</b> , Carlisle Branch, 92 English St, Carlisle CA3 8NF United Kingdom	
<b>Land-only trek price:</b> Deposit of £300 due with booking form, or full amount if less than 8 weeks prior to departure. The balance payment and any extras are due 8 weeks prior to departure.	£
<b>Flight payment:</b> (include with booking form if known at the time of booking). Please note that flight prices are subject to change by the airline until the time of ticketing	£
Signature of this booking form shows your agreement to our Booking Conditions, and that you have understood the implications of signing to a holiday to remote areas, where the infrastructure and standards are not the same as at home. You also are signing to say that you will declare your pre-existing medical conditions to your insurance company and to Community Action Treks, and that you are confident in your physical ability to participate in all activities included in the holiday.	<b>Signature</b>
	<b>Date:</b>